

Call for Workshop Proposals



Deaf Seniors of America (DSA) is seeking enthusiastic individuals to lead workshop presentations at the 18th Biennial DSA Conference, slated for August 1-7, 2025 at the Marriott Downtown hotel in Kansas City, Missouri.

The conference is all about “Empowering our Future” and we’re looking for informative and engaging workshops that address the diverse needs and interests of Deaf senior citizens across the country.

Workshop Topics

What kind of workshops are we seeking? Here are some examples, but feel free to propose something outside these areas:

Technology & Connectivity

- **Master the Latest Gadgets:** Conquer smartphones, tablets, and smart devices with ease. Learn how to navigate apps and explore the digital world safely.
- **Embrace Online Convenience:** Discover the power of online banking, shopping, and bill payment. Take control of your finances and simplify

everyday tasks with confidence.

- **Explore Senior-Focused Platforms:** Uncover online communities designed specifically for seniors, offering opportunities for activities and relationships with like-minded peers. Learn more about these platforms and how they can enrich your digital experience.
- **Inclusive Communication Practices:** Understand the respectful use of preferred pronouns and cultural techniques in interacting with diverse communities. Learn how to navigate these nuances to ensure everyone feels welcome and respected online.

Health & Wellness

- **Move Your Body, Boost Your Mood:** Explore exercises and activities designed for senior citizens. Learn how to stay active, improve flexibility, and maintain your physical well-being.
- **Fuel Your Health with Smart Eating:** Discover healthy eating habits and

how to build these in your daily routine. Learn about nutritious food choices, portion control, and tips for a healthy lifestyle.

- **Thrive with Wellness Practices:** Explore stress reduction techniques, mindfulness, and healthy sleep habits. Learn to improve your mental well-being, and live a more fulfilling life.
- **Explore Senior Housing Options:** Learn about the types of senior housing options available, including independent living, assisted living, and continuing care. Understand the benefits of each option to find the best fit for your needs and preferences.

Travel & Lifelong Exploration

- **Plan Your Dream Adventure:** Explore tips and strategies for safe and enjoyable travel. Learn about budgeting, travel insurance, and navigating new destinations.
- **Unlock the World Through Learning:** Dive into history,

Continued on page 2

culture, and geography. Discover hidden gems and ignite your wanderlust with virtual tours of U.S. and global locations.

- **Embrace New Skills & Knowledge:** Explore lifelong learning opportunities through photography, arts and crafts, culinary techniques, and more. Keep your mind sharp and discover new passions.

Financial Freedom & Security

- **Planning for a Secure Future:** Learn key strategies for maximizing your retirement income. Explore options for managing expenses, investment planning, and protecting your assets.
- **Navigating Social Security & Medicare:** Understand the ins and outs of Social Security benefits and Medicare coverage. Learn how to navigate the system and access the resources you need.
- **Estate Planning Basics:** Gain valuable knowledge about estate planning and protecting your loved ones. Explore options for wills, trusts, and minimizing taxes.

Format & Qualifications

Do you have a passion to share and expertise to offer? Submit your workshop proposal today and be a part of this worthwhile conference.

Presentations shall be 45 minutes long and encourage audience participation through discussion or activities.

We are looking for presenters with:

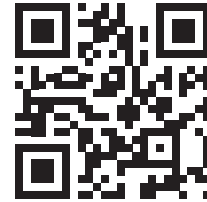
- Strong understanding of and passion for the chosen topic.
- Ability to present information clearly and concisely in American Sign Language.
- Skill in developing and showing slide presentations.
- Experience fostering audience engagement.

Benefits

- Share expertise with a large and engaged audience.
- Gain valuable exposure for yourself, or for the organization/company you represent.
- Network with other professionals who market to seniors or work in the field of aging.
- Receive complimentary basic (non-combo) conference registration.

Proposal Submission Requirements

- **Deadline: Friday, January 31, 2025**
- Use the QR code or link below to complete and submit your DSA 2025 Workshop Proposal Form.
- Early workshop submissions are strongly recommended.



<https://bit.ly/46sGL9h>

Questions?

Send your questions via email to Robyn Miller, DSA 2025 Workshop Committee at robyn.miller@deafseniors.us.